

## **GLUCOSE SCREENING TEST**

**Gestational diabetes** is a condition of pregnancy in which the mother's body acts diabetic only during her pregnancy. Identifying the disease will reduce the risk to both mother and child.

A blood screening test has been developed to help identify those patients who have developed gestational diabetes. The test will be performed at approximately 24-28 weeks gestation on all pregnant patients. Having a screening test prevents all patients from completing a three hour glucose tolerance test, which is both more expensive and time consuming. Those patients whose screening test comes back abnormally high will then require the more definitive testing.

### **Instructions:**

- 1) You will be given a bottle of Glucola. Because this tastes better chilled, refrigerate prior to your next appointment.
- 2) You will also receive a lab requisition. Take this to any Labcorp Laboratory on the day of your blood draw.
- 3) On the same day of your scheduled appointment, plan to go to the Labcorp Laboratory, Suite #216 in the Margot Perot building, 15-20 minutes prior to your appointment with Dr. Dullye. **PLEASE NOTE THAT THE LAB IS CLOSED FOR LUNCH FROM 12:30-1:30.**
- 4) Alternatively, you can have blood drawn on a Saturday at the Labcorp lab at Medical City, 7777 Forest Lane, Building A, Suite 105. They are open from 8-12.
- 5) One hour prior to your planned blood draw, drink the entire bottle of glucola (all contents should be consumed within 10 minutes).
- 6) Arrive at the lab 50-55 minutes after completing the glucola.

**LABCORP hours:** 8:30 AM to 5:00 PM Monday through Friday  
Closed 12:30-1:30 PM for lunch

**Labcorp location:** Suite #216, Margot Perot Building

**Results:** Will be emailed to you within the week following your blood draw. If you do not receive an email within the week, please contact the office.